# Outdoor Training and Certifications Required for Troop/Group Camping

# Outdoor Training Courses (required for GSWPA troops/groups)

The leader, or another troop adult, must attend the appropriate outdoor training if the troop will participate in overnight and camping activities.

## For Lodge Camping:

(Karen Kaczmarek - August 2008)

#### Outdoor 101 - Prerequisite: Leadership Essentials

This training is available as an on-line (self-study guide) training course or classroom training that focuses on grade-level appropriate activities, outdoor progression, reservation procedures, safety hazards in the out-of-doors, fire safety when using a fireplace and planning in partnership with girls for a lodge camping experience.

### For Outdoor Fires and Cabins:

(Karen Kaczmarek - August 2008)

#### Basic Camping Skills - Prerequisite: Outdoor 101

This four hour course focuses on understanding how to make, use and extinguish a campfire; tips on planning, preparation and clean-up steps for a cook-out; learning basic tool craft and elementary knots; making simple meals, knife safety, graces to use in the camp setting and learning how to work in partnership with girls for outdoor cooking experiences. This outdoor training is geared to but not limited to Girl Scout Brownie and Girl Scout Junior troop leaders. By taking this training you will be able to do overnights in lodges and cabins at council owned camp.

# For Platform Tent Camping and Tent Pitching:

(Karen Kaczmarek - August 2008)

Basic Platform Tent & Yurt Camping Skills – Prerequisite: Outdoor 101 and Basic Camping Skills This overnight course, approximately 21 hours long, focuses on a camping experience in platform tents and yurts. Included in this course is care and use of platform tents and yurts, pitching tents, more outdoor cooking options, knots needed for platform tents and yurt camping, simple lashing skills, advanced tool craft, care and use of lanterns and nature skills. When you attend this training you will participate in a pre-planning session that will enable you to go back to your troop and plan your own camping weekend. This outdoor training is geared to but not limited to Girl Scout Junior, Girl Scout Cadette, Girl Scout Senior, and Girl Scout Ambassador troop leaders.

## First Aid/CPR Training:

(Karen Kaczmarek - April 2012 - First Responder/CPR/AED for the Professional)

(Dana Tiglio - March 2014 - CPR/AED for Professional Rescuers and Healthcare Providers)

(Jen Mastromonaco - March 2014 - CPR/AED for Professional Rescuers and Healthcare Providers)

First-aid training is required of the adult acting as the primary first-aider for the Girl Scout group activities indicated in the Safety Activity Checkpoints (formerly Safety Wise).