

# **Adult's Guide to Making a Girl Scout Promise Book**



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The Girl Scout Promise contains many abstract concepts. These may be difficult for your child to grasp at first. Some ideas may be easier to explain to your child than others.

This booklet is designed to help you make these concepts easier for your child to understand. The goal of this task is not to overwhelm your child with information, but rather to start a conversation with her.

The pages are listed in a commonly suggested format, but feel free to omit and/or change the wording as relates to your family.

Try to enjoy this exercise with your precious daughter as you teach her what these concepts mean to you. She'll remember both the time you spend together and possibly even the real-world examples you pull from your own experience. Remember, the best teaching she can get is to have you give her examples from your own life.